

LONG BUNKER SHOTS

Long Fairway Bunker – (Lip). Play ball at left heel (front). Soft sand, feet sink in, shorten grip on club. **No Lip – Play ball back of center. Hit ball first. Break wrist early.**

Bunker with high lip- Shallow takeaway with blade open with full follow through. Quiet low legs. Don't let hands cross over . Weight left foot.

LONG SAND SHOT

Use pitching wedge, wide stance. Not much lower body movement, abrupt upper takeaway. More sand stays on club face, more travel of ball.

SAND TRAP

Splash the sand from behind the ball. Wide stance, favor more weight on left side. Use a 30 yard pitch swing to hit a 10 yard bunker shot. Ball on front heel, follow through on shot. Less sand stays on club face, less travel of ball.

NO SUN – WET DAY YARDAGE

Open stance slightly on all wedge shots

33 Yards– SW (55)- Back of center to 8:00

50 Yards - PW –(45) Play ball center to 8:00

57 Yards – D Wedge (50) Back of center to 8:00

73 Yards – PW –(45) Ball at Rt heel to 8:00

85 Yards - PW (45) Play ball at Rt heel to 10:00

65 Yards - D Wedge (50) Play ball at Rt heel to 9:00

90 Yards – PW Play ball Center to 8:00

100 Yards – PW Play ball center to 9:00

110 Yards – 9 Iron Play ball center to 9:00

120 Yards – 8 Iron Play ball center to 9:00

130 Yards – 7 Iron Play ball center to 9:00

140 Yards – 6 Iron Play ball center to 9:00

150 Yards – 5 Iron Play just fwd of center to 9:00

160 Yards – 4 Iron Play fwd of center to 9:00

170 Yards – 3 Iron Play fwd of center to 9:00

180 Yards – 1 HB Play fwd of Center to 9:00

Waggle Irons over ball to eliminate tension before hitting the shot at all times.

DRIVES

Relax shoulders and arms, low grip pressure, soft wrists. Make full shoulder turn with rhythmic . swing. Let arms fall to start down. Parallel Stance. Play ball off left heel. Smooth takeaway on inside path. Rt elbow close to right hip. Count one on takeaway and two coming down. Head back of ball. Rotate upper body for long power drives.

Driver into wind: Grip down on shaft, swing Slower, tee ball lower.

PUTTING

Putting – Weight on left foot. Soft hands, loose grip, raise putter above grass. Keep looking down at grass after hitting putt. Fast or steep green, lower hands on grip. View area 6 inches past hole. very light grip on your putter.

ALIGNMENT WITH IRONS

Relax shoulders and lighten your grip with with nice smooth swing. Align your stance and your shoulders the same direction. Right elbow close to your body. With descending blow. Ball position center of feet. Slight open stance. Nose, shirt Button & naval fwd of your ball.

IRONS

Left arm straight on takeaway. Iron facing toward target, Soft Grip (5) Align above grass, 1 ball at hosel. Waggle club to feel weight of club head. Need hip movement and start down with hips, right elbow close to body on downswing. 3/4 swing for more accurate iron shots.

Full 50 Degree Wedge – Align ball at hosel, light grip, left arm straight at takeaway. Play ball back of center.

PITCH AND RUN

Use PW or 9 iron, take club on inside to give it a hook roll that will run smooth toward hole. Hands forward, don't break wrists. Play ball at Right foot tip. Weight on left foot.

CHIPPING

Chip Shot – Weight on left foot. Ball back on right foot. Hands forward of ball position. Soft hands. Choke down on club. Don't break wrists.

Chipping over bunker. Slightly Open face of sand wedge. Hands forward of ball position. Soft Hands. Choke down on club. Open stance on all short chip shot.